



**Avian & Exotic
Animal Hospital**
of Louisiana

3635 N. I-10 Service Rd., W.
Metairie, LA 70002
504.455.6386

Practice Limited to Birds, Reptiles and Exotics

Dr. GREGORY RICH
Dr. LESLIE PENCE
www.avianandexoticvet.com

AFTER HOURS EMERGENCIES
504.835.8508

Foods High in Fiber

- Artichoke
- Raspberries (raw)
- Blackberries (raw)
- Lentils
- Black Beans
- Broccoli
- Pear (raw)
- Apple (raw)
- Oatmeal
- Barley
- Pumpkin
- Spinach
- Eggplant
- Summer Squash
- Peach (raw)
- Grapefruit (raw)
- Firm Tofu
- Cauliflower
- Asparagus
- Cabbage
- Popcorn
- Arugula (raw)

We strongly recommend annual health examinations on all exotics!

