



Practice Limited to Birds, Reptiles and Exotics

Dr. GREGORY RICH
Dr. LESLIE PENCE
www.avianandexoticvet.com

AFTER HOURS EMERGENCIES
504.835.8508

Vegetables High in Calcium

Daily Recommendation: 5-7 small pieces

- Beet greens
- Endive
- Carrots
- Celery
- Chicory
- Chinese cabbage
- Cilantro
- Chrysanthemum flowers
- Collard greens
- Dandelion greens
- Escarole
- Fennel
- Kale
- Lettuce
- Mustard
- Spinach
- Parsley
- Radicchio
- Radishes
- Romaine lettuce
- Squash
- Turnip greens
- Watercress

We strongly recommend annual health examinations on all exotics!

